

**INTERNATIONAL POLICE ASSOCIATION - SRI LANKA
FRIENDSHIP WEEK**



**INTERNATIONAL POLICE ASSOCIATION
SRI LANKA**



FRIENDSHIP WEEK

**15 TO 25 AUGUST 2010
COLOMBO**

**INTERNATIONAL POLICE ASSOCIATION - SRI LANKA
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**MESSAGE OF THE
NATIONAL PRESIDENT OF THE IPA SRI LANKA SECTION
MR. JAYANTHA WICKRAMARATNA**

It is indeed a great pleasure to pen this message as the National President of the International Police Association, Sri Lanka Section for the Souvenir of the Friendship Week - 2010, which is scheduled to be held from 15.08.2010 to 25.08.2010. The IPA Sri Lanka Section is getting stronger day by day and this is our 4th effort to organize this colourful event. I take pride in congratulating the team of Organizers who have taken much pain and trouble to make this event a success, whilst celebrating the great victory over terrorism which cause lasted for over three decades.

I am pleased to welcome all foreign IPA Members to our great motherland for the Friendship Week and extend my warmest wishes to every one of them. Sri Lanka has always been a great tourist attraction, for its beauty & the culture, generosity & the hospitality of its people. This is a wonderful opportunity for you to experience what Sri Lanka and its people are.

The scheduled programme includes the opportunities of enjoying the warm climate in the Deep South on the beaches and the cold climate in the hills in green environment amidst delicious Sri Lankan dishes.

I trust that you will undoubtedly carry with you, pleasant memories of your stay here in Sri Lanka, and the interactions and friendly ties with the memories of the IPA Sri Lanka Section, which certainly contribute in great measure to the wellbeing of our Association.

I extend my deep appreciation and gratitude to the National Executive Committee, National Committee and all Member of the IPA Sri Lanka Section for their untiring efforts to uplift the standard of the IPA Sri Lanka Section.

I sincerely thank the Organizing Committee of the IPA Friendship Week -2010, for the great pain taken in organizing this event and congratulate them for a job well done.

I wish every success for the Friendship Week – 2010.

**(Jayantha Wickramaratna)
Inspector General of Police**

INTERNATIONAL POLICE ASSOCIATION - SRI LANKA

FRIENDSHIP WEEK

PROGRAMME : 11 days / 10 nights

BASIS : Full Board

PERIOD : 15 – 25 AUGUST 2010

Day 01 (15th August)

AIRPORT - COLOMBO

Arrive at Bandaranaike International Airport and met by IPA members and transfer to Hotel Cinnamon Lake Side - Colombo (Trans Asia Hotel).

After Lunch in the hotel a short city tour of Colombo visiting the Fort area, the Pettah bazaar, and a residential area. Return to the hotel.



Colombo - a drive through the city taking you to the busy commercial areas as well as the tree-lined residential, Cinnamon Gardens. Visit Fort, the former British administrative center and military garrison, Sea Street - the Goldsmith's quarters in the heart of Pettah, the Bazaar area, where is also a Hindu Temple with elaborate stone carvings, and the Dutch Church of Wolfendhal dating back to 1749. Also visit the BMICH, see the replica of Avukana Buddha and Independence Square.

In the evening depart to the venue of Welcome Dinner. Welcome Dinner arrangements will be made by the IPA.

Overnight stay at HOTEL CINNAMON LAKE SIDE - COLOMBO.

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Day 02 (16th August)

COLOMBO- DAMBULLA



After breakfast proceeds to Dambulla enroute visit Pinnawala Elephant Orphanage.

PINNAWELA ELEPHANT ORPHANAGE-

App. 55 miles from Colombo, off the Colombo - Kandy road is Pinnawela, where an orphanage was started in 1975 with 7 orphaned baby elephants to house the abandoned and the wounded elephants. The number of elephants has increased to more than 89 now; including Baby Elephants brought from various parts, which includes more than 50 babies born, as a result of the captive breeding programme. The best time to visit is the feeding time from 0930-1000 hrs and 1330-1400 hrs and the bathing time from 1000-1030 hrs and 1400-1430 hrs when all the elephants are taken to the river close by. Lunch at Pinnawela Restaurant by the river.

Dambulla is famous for the five cave Temples on a rock. The first 03 caves are better, older and larger than the other two. Some caves dates to 1st C.B.C. All 5 cave walls and ceilings are covered with Buddhist murals and there are more than 130 Buddha statues, statues of Gods and Kings are also found here.



Dinner and Overnight stay at Amaya Lake Hotel, Dambulla.

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Day 03 (17th August)

DAMBULLA-POLONNARUWA-MINNERIYA-DAMBULLA

After breakfast proceed on an excursion to Polonnaruwa, an ancient city, Arrive in Polonnaruwa and leave for city tour. This includes “The Gal Vihara” the rock sculptures of the seated, standing and reclining Buddha, “Thuparama” and “Thivanka” two image houses built for the worship of Lord Buddha.



Lunch at **POLONNARUWA REST HOUSE**. over-looking Parakrama Samudraya(tank) Polonnaruwa.

After lunch proceed to the Minneriya Game Sanctuary for a “Jeep Safari”.

MINNERIYA NATIONAL PARK-

This National Park 8889 hectares in extent is famous for its large population of elephants in herds of 100 to 150 roaming in the jungle and seen in the catchment area of the lake.

Entrance is from Ambagaswewa about 6 km from Habarana on the main Habarana Polonnaruwa road. Office is by the side of the main road.

Elephants, about 300 wild elephants, wild buffaloes, wild boar, spotted deer, sloth bear, Sambhur, leopards, crocodiles, jackals, 9 kinds of amphibians, 25 kinds of reptiles, 160 species of birds, 26 varieties of fishes, 78 varieties of butterflies are recorded from the Minneriya National Park.

Dinner and Overnight stay at Amaya lake Hotel, Dambulla.

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Day 04 (18th August)

DAMBULLA-TRINCO

Breakfast at the hotel. There after leave for Trinco for lunch.



TRINCOMALEE –

165 miles from Colombo. Trinco harbour is one of the largest and safest Natural Harbours in the World. Trincomalee is connected by Rail and Road. It has sunny weather throughout the year, with white sandy beaches, calm, placid and warm waters, ideal for underwater activities and for Whale watching. Trincomalee was a Buddhist Center known as “Gokanna” from very early times and later a Hindu Kovil was constructed at the site.

Dinner and Overnight stay at Club Oceanic Hotel, Trinco.

Day 05 (19th August)

TRINCOMALEE

At leisure with options for safe sea bathing, fishing, visit to the famous hot wells.

Dinner and Overnight stay at Club Oceanic Hotel, Trinco.

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Day 06 (20th August)

TRINCOMALEE - KANDY

After Breakfast. Depart to Kandy, Lunch will be arranged en-routewith a visit to a spice garden.

Kandy - the hill capital of Sri Lanka, where the annual Kandy Perahera (Pagent)is conducted. The last stronghold of the Sinhala Kings was

finally ceded to the British in 1815. Kandy is an example of Buddhism’s influence in Sri Lanka today. Temple’s shrines and monasteries which keep alive Buddhist traditions are everywhere.

Dinner and Overnight stay at Amaya Hills Hotel, Kandy.

Day 07 (21st August)

KANDY

Breakfast. City tour of Kandy and a visit to the Temple of Sacred Tooth Relic of Lord Buddha and Royal Botanical Gardens.



Temple of the Tooth Relic - to Buddhist of Sri Lanka and the world, Kandy is one of the most sacred sites as it is the home to the “Dalada Maligawa” - Temple of the Sacred Tooth Relic of Lord Buddha.

Royal Botanical Gardens Peradeniya – Visit to the world famous Botanical Gardens, 147 acres in extent. In 1374 it was a pleasure garden of the Kings of Kandy. There are more than 5000 species of orchids, spice trees, palms, tropical plants & flowers. The Spice Garden and Orchid House are popular with tourists. Return to Amaya Hills Hotel for lunch.



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Evening view Kandy Perahara (Pagent) from the special platform.

The Randoli Perahera - The *randolis* (“golden palanquins”), which bear the deities’ consorts, join the *devala* ranks, each borne immediately behind the elephants carrying the emblems, which represent the respective deities. The circuits gradually increase in length and the trappings in grandeur, until after five nights of the Randoli; the Perahera reaches its magnificent and colourful best. This climactic Randoli Perahera may include 100 or more elephants, ranging from majestic bulls to half grown calves.



Dinner at Queens Hotel Kandy.

Overnight stay at Amaya hills Hotel, Kandy.

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Day 08 (22nd August)

KANDY-COLOMBO

After Breakfast. Depart to Colombo.

Lunch at the Colonial Hotel of the Galle Face.



After lunch commence city tour of Colombo and shopping. A drive through the city will take you to the Fort and Pettah - the commercial area of the city and tree-lined Colombo - 07 Cinnamon Gardens. Colombo 3, 4, 5, 8 are the prime residential area of the City. Visit Fort, and Pettah for Shopping. The Hindu Temple at Sea Street, lined with goldsmith's shops, the Dutch Church at Wolfendaal, dating back to 1749. The historic Davatagaha Mosque, Independence Hall, B.M.I.C.H, and the Independence Square.

- **Shopping in Colombo.ODEL Unlimited** provides ample opportunity to indulge, not only in shopping for designer wear apparel for the whole family, but also take taste buds on a voyage of discovery.

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- **BAREFOOT** discover yourself at Barefoot – Toys, Bags, Clothes, Handloom Fabric, Sarongs Sarees, Household Linen, Art, Photography Books, Furniture, Gallery Café:
- **House of Fashion**, a large four storey mall which has a wide variety of apparel, handbags, luggage and home decor at very reasonable prices. Their lingerie department is worth a visit. Then a visit to *Paradise Road should be high on your list. This is a store from the land make believe a trip into Aladdin's cave where you need time to potter around, feel and absorb the beauty of the pieces displayed. Exotic twist steel candle holders, dainty porcelain plates, hand painted ceramic ware, perfumed candles and the ever popular incense sticks and aromatic oils in variety of fragrances are available here. The concept is ingenious and the display is excellent.

Farewell Dinner organized by the IPA Sri Lanka

Overnight stay at Cinnamon Grand Hotel, Colombo.

Day 09(23rd August)

COLOMBO-YALA

After breakfast leave to Yala. Lunch at Light House Hotel, Galle.



"Galle - The walled city"

The seaside town of Galle is 72 miles from Colombo by road or rail, down the southwest coast. Both routes are picturesque, following the coastline closely for much of the way..

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The walled city has stood since the early sixteenth century, through the Colonial periods of the Portuguese, Dutch and British and in our present times is proclaimed as an Archaeological Reserve and been identified as a World Heritage site.

Dinner & Overnight stay at Yala Village Hotel, Tissa.

Day 10 (24th August)

YALA - HIKKADUWA

Early morning visit to the Yala Park. Picnic Breakfast at Yala. Return to the hotel for late lunch.



YALA (RUHUNA) NATIONAL PARK-

The Ruhunu National Park covers 126,786 hectares including the Strict Natural Reserve (Block II). The most familiar is Block I (14,101 hectares) and this was established in 1938.

Yala is famous for its large herds of animals and large number of Elephants, Leopards, Spotted Deer, Sambhur, Crocodiles, Mongoose, Wild Boar, Wild Buffalo, and many other animals.

More than 130 bird species are recorded which includes the resident and winter visitors. There are 7 Bungalows inside the Park with a few Camp Sites.

After Lunch leave to Galle.

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Sri Lanka's most historically interesting town is Galle. It was a major port until about 100 years, but today still handles shipping and sailing boats in the natural harbour.

Stroll around the lighthouse and harbour or visit the old town where you can see the traditional lace makers and wood carvers and purchase some the finest souvenirs.

Dinner & Overnight stay at The Amaya Reef Hotel, Hikkaduwa

Day 11 (25th August)

HIKKADUWA - KATUNAYAKE AIRPORT

After Breakfast at leisure till lunch. Sea bathing, scuba diving, shopping etc. After lunch leave to the Katunayake Airport for departure.

END OF TOUR.

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CHARGES

Price per person sharing double in US\$ for the
visiting foreign group traveling Together in one
coach. **US\$ 1000 nett**

Single room supplement **US\$ 400...nett**

Above price includes:-

1. Accommodation in 3/4/5/star hotels or similar.
2. All Meals
3. Entrance tickets to all sites.
4. English or German or French speaking guide on tour.
5. Air-conditioned transport on the above itinerary, commencing from Katunayake Airport and ending with the transfer to the airport
6. Jeep safari at the Minneriya Game Park and Yala Sanctuary.
7. Afternoon tea/coffee with a snack at each hotel.
8. Welcome drink on arrival at each hotel
9. A cool box will be available in the bus and provide bottled water during the entire itinerary.

Not included:-

1. Airport tax.
2. Any service not listed above.
3. All other expenses.

END

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REGISTRATION FORM

SECTION.....IPA NO.....

LAST NAME.....

FIRST NAME.....

MALE / FEMALE

ADDRESS.....

.....

.....

NATIONALITY.....

LANGUAGE.....ENGLISH / GERMAN / FRENCH

TELEPHONE.....FAX.....

E-MAIL.....

ACCOMPANIED BY

1.

2.

3.

ROOM REQUIREMENT FOR THE TOUR

.....SINGLE @ US\$ 1400 per pax = US \$.....

.....DOUBLE @ US\$ 1000 per pax = US \$.....

ABOVE RATES ARE PER PERSON FOR THE WHOLE TOUR

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DETAILS OF

ARRIVAL

DEPARTURE

DATE.....

TIME.....

FLIGHT NO.....

*Non-refundable advance of US \$ 300 per person by 31st March
2010 Balance payment in full by 1st May 2010*

HOW TO PAY

- **BANK TRANSFER** to A/C. NO. **406075** Bank of Ceylon-Thimbirigasyaya. Transfer without costs for the beneficiary. Swift No. **BCEYLK LX**, Branch Code **0512**

Signature.....

Date.....

HOTEL ACCOMODATION BEFORE & AFTER THE FUNCTION COULD BE ARRANGED .Please indicate the dates and the No. of rooms required and the Name of the Hotel.

Dates Before.....

No. of Rooms.....

Name of the Hotel.....

Dates After.....

No.of Rooms.....

Name of the Hotel.....

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**COST OF EXTRA NIGHTS BEFORE
AND AFTER THE EVENT**

**BLUE OCENIC HOTEL (STANDARD HOTEL)
NEGOMBO (Beach Hotel)**

	Bed & breakfast	Half Board	Full Board
Single	US\$ 35 .00	US\$ 45 .00	US\$ 65 .00
Double	US\$ 45 .00	US\$ 65 .00	US\$ 85 .00

**THE BEACH HOTEL (DELUXE HOTEL)
NEGOMBO (Beach Hotel)**

	Bed & breakfast	Half Board	Full Board
Single	US\$ 125 .00	US\$ 170 .00	US\$ 210 .00
Double	US\$ 145 .00	US\$ 190 .00	US\$ 225 .00

**TANGERINE BEACH HOTEL - KALUTARA
(Beach Hotel)**

	Bed & breakfast	Half Board	Full Board
Single	US\$ 50 .00	US\$ 64 .00	US\$ 80 .00
Double	US\$ 63 .00	US\$ 78 .00	US\$ 95 .00

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LIGHT HOUSE HOTEL - GALLE**

	Bed & breakfast	Half Board	Full Board
Single	US\$ 100 .00	US\$ 145 .00	US\$ 185 .00
Double	US\$ 125 .00	US\$ 170 .00	US\$ 210 .00

TAJ EXOTICA HOTEL. - BERUWALA (Beach Hotel)

	Bed & breakfast	Half Board	Full Board
Single	US\$ 125 .00	US\$ 140 .00	US\$ 155 .00
Double	US\$ 140 .00	US\$ 175 .00	US\$ 200.00

CINNAMON LAKE SIDE HOTEL (5 STAR) - COLOMBO CITY

	Bed & breakfast	Half Board	Full Board
Single	US\$ 60 .00	US\$ 72 .00	US\$ 80 .00
Double	US\$ 65 .00	US\$ 90 .00	US\$ 110 .00